



Need Food Help? Tooele

Federal Nutrition Programs

Federal Poverty Level Food Stamp WIC, School Meal Eligibility		
<p>To determine your eligibility for food assistance programs: Find your family size in the most-left column, then follow right to your desired program. If your gross <i>monthly income</i> is less than the amount indicated, you are eligible to apply.</p>		
Try our Food Stamp Calculator at www.uah.org		
Family Size	Chart A 130% of Poverty Effective October 1, 2009	Chart B 185% of Poverty Effective July, 2009
	Food Stamps & Free School Meals	WIC & Reduced-Priced School Meals
1	\$1,174	\$1,670
2	\$1,579	\$2,247
3	\$1,984	\$2,823
4	\$2,389	\$3,400
5	\$2,794	\$3,976
6	\$3,200	\$4,553
Chart A: for additional family member add \$406 Chart B: for additional family member add \$576		

To apply online, visit the Department of Workforce Services at www.utahhelps.utah.gov

WIC (Women, Infants & Children Supplemental Food Program)

The WIC program provides supplemental food such as *Milk, Infant Formula, Eggs, Cheese, Juices, Cereals, Beans, Fruits and Vegetables* to pregnant women, nursing mothers, infants and children under the age of 5, who are low income (see Chart B to the left) and at nutritional risk. WIC vouchers are redeemable for these food items at most grocery stores.

Tooele

151 N Main Street
435-843-2320

Wendover

100 S 9th Street
435-665-7004

School Lunch & Breakfast Programs

The School Lunch Program is served in almost all Utah schools. Breakfast is served in some locations. Students from low-income families may receive free or reduced-price school meals (see income Charts A & B). Contact your school office at any time during the school year to apply.

Summer Food Program

Offers free nutritious meals and snacks during the summer to children under the age of 18 throughout Utah. There are no income criteria for participation. Call UAH at 801-328-2561 or (800) 453-3663 for details.

Food Stamp Program

To apply for the Food Stamp Program, the Family Employment Program, General Assistance, and ALL medical assistance programs go to the:

Tooele

305 N Main St.
435-833-7310

Constituent services for the Department of Workforce Services
Constituent Services solves problems for DWS customers.

Contact them at **801-526-4390**
Statewide call toll-free **1-800-331-4341**.

Expedited Food Stamps

Food Stamps Fast – if you have less than \$150 income for the month you apply, and your cash on hand is less than \$100, OR if your shelter costs exceed your monthly income, you should ask about expedited food stamps which means you may be eligible to receive Food Stamps within 7 days.

Apply Monday-Thursday

Division of Aging

Meals on Wheels program, which prepares and delivers free meals to elderly who are homebound 60+. 882-2870

Congregate Meals, are served free to 60+ at senior centers. Donations are suggested, but not required to participate in these programs.

Tooele Senior Center

435-882-2870
59 E Vine St.

Grantsville Senior Center

435-884-3446
120 S Center St.

Wendover Senior Center

435-665-7719

Child & Adult Care Food Program (CACFP)

Reimburses day care providers for food served to children in their care. Speak with your day care provider or call the State Child Nutrition Office at (801) 538-7680 for local contacts.

Last Updated: 7/23/2009

Emergency Food & Community Resources

Emergency Food & Prepared Meals

Tooele Food Bank:

435-843-4780
38 S Main St.
M, W 8:30-12
T, Th, Fr 8:30-5 (closed 12-1 for lunch)

Tooele First Baptist Church Food Pantry

435-882-2048,
580 S Main St.
Saturdays only, 12 noon

Grantsville First Baptist (Appointment Only)

Margaret: 435-884-0250
Marie: 435-884-6900
Eve: 435-884-3737

Utah Food Bank

DROPS monthly food boxes for low-income people
For more information on this program, please call 801-908-8660, or 211

Utahns Against Hunger

Utahns Against Hunger is a non-profit which works on public policy advocacy, outreach and education regarding federal and state food programs.

455 East 400 South, Suite 407.
801-328-2561
(800) 453-3663.
www.uah.org

Utah Legal Services

Provides legal assistance on divorce, housing, utilities, welfare employment, consumer and collections, and problems of senior citizens.
1-800-662-4245

Information & Referral

Information and Referral provides information about social services, medical services and other low-income resources.
801-978-3333 or call 211.
Visit them online at www.informationandreferral.org

Other Community Services

The Weatherization Assistance & HEAT Programs:

Provides assistance for eligible households with the costs of heating.
Weatherization: 1-801-359-2444
HEAT: 435-833-9766

Community Action Program: Provides services such as the Housing Outreach Rental Program, Weatherization, HEAT, Financial Counseling, Rental Assistance and Utility Advocacy.
Tooele Office: 435-882-1278

American Red Cross: Utility assistance for low income Utahns, elderly and disabled
1-800-328-9272

Housing Authority: Provides subsidized housing listings. Call 882-7875.
118 E Vine St.
Tooele

Headstart: Tooele
435-882-6743
Free preschool program for children.
222 N Coleman

Domestic Violence Information Line
1-800-897-5465

Utah State University Extension Program

Extension Office: 277-2400 or Michelle at 277-2408
Extension Office 665-2343 Wendover
Expanded Food and Nutrition Education Program (EFNEP)

The Expanded Food and Nutrition Education Program (EFNEP) is designed to assist limited resource audiences in acquiring the knowledge, skills, attitudes, and changed-behavior necessary for nutritionally sound diets, and to contribute to their personal development and the improvement of the total family diet and nutritional well-being.

Food Stamp Nutrition Education (FSNE)

Food Stamp Nutrition Education is a federal/state partnership that supports nutrition education for persons eligible for food stamps.