



# Need Food Help? Daggett, Duchesne, Uintah

## Federal Nutrition Programs

### Federal Poverty Level - 2009

#### Food Stamp WIC, School Meal Eligibility

**To determine your eligibility for food assistance programs:** Find your family size in the most-left column, then follow right to your desired program. If your gross *monthly income* is less than the amount indicated, you are eligible to apply.

Try our Food Stamp Calculator at [www.uah.org](http://www.uah.org)

Family Size	Chart A 130% of Poverty Effective October, 2008	Chart B 185% of Poverty Effective July, 2009
	Food Stamps & Free School Meals	WIC & Reduced-Priced School Meals
1	\$1,127	\$1,670
2	\$1,517	\$2,247
3	\$1,907	\$2,823
4	\$2,297	\$3,400
5	\$2,687	\$3,976
6	\$3,077	\$4,553

Chart A: for additional family member add \$390; \$495 if 60+  
Chart B: for additional family member add \$577

### School Lunch & Breakfast Programs

The School Lunch Program is served in almost all Utah schools. Breakfast is served in some locations. Students from low-income families may receive free or reduced-price school meals (see income Charts A & B). Contact your school office at any time during the school year to apply.

#### Summer Food Program

Offers free nutritious meals and snacks during the summer to children under the age of 18 throughout Utah. There are no income criteria for participation. Call UAH at 328-2561 or (800) 453-3663 for details.

### WIC (Women, Infants & Children Supplemental Food Program)

The WIC program provides supplemental food such as *Milk, Infant Formula, Eggs, Cheese, Juices, Cereals, Beans, Fruits and Vegetables* to pregnant women, nursing mothers, infants and children under the age of 5, who are low income (see Chart B) and at nutritional risk. WIC vouchers are redeemable for these food items at most grocery stores.

#### Roosevelt

435-722-6333  
281 E 200 N

#### Vernal

435-781-5480  
147 E Main Street

#### Ute Tribe

435-722-5141

### Food Stamp Program

To apply for the Food Stamp Program, the Family Employment Program, General Assistance, and ALL medical assistance programs go to the: Department of Workforce Services (DWS)  
Monday-Thursday 7:00 am –6:00 pm

#### Roosevelt

435-722-6500  
140 W 425 S #330-13

#### Vernal

435-781-4100  
1050 W Market

Constituent services for the Department of Workforce Services  
Constituent Services solves problems for DWS customers.  
Contact them at **526-4390**  
Statewide call toll-free **1-800-331-4341**.

### Expedited Food Stamps

**Food Stamps Fast** – if you have less than \$150 income for the month you apply, and your cash on hand is less than \$100, OR if your shelter costs exceed your monthly income, you should ask about expedited food stamps which means you may be eligible to receive Food Stamps within 7 days.

Apply Monday-Thursday

### Aging Services

**Meals on Wheels** program, which prepares and delivers free meals to elderly who are homebound 60+.

**Congregate Meals**, are served free to 60+ at senior centers. Donations are suggested, but not required to participate in these programs.

#### Roosevelt

Crossroads Senior Center  
435-722-4296  
50 E 200 S

#### Vernal

Uintah Area on Aging  
Golden Age Senior Center  
435-789-2169  
155 S 100 W

#### Duchesne

Gateway Senior Center  
435-738-1170  
734 N Center

#### Manila Senior Center

435-784-3158, 435-784-3143

#### Ute Tribe

435-722-0403

#### Uintah Basin Area Agency on Aging:

Daggett, Duchesne  
435-722-4518

### Child & Adult Care Food Program (CACFP)

Reimburses day care providers for food served to children in their care. Speak with your day care provider or call the State Child Nutrition Office at (801) 538-7680 for local contacts.

# Emergency Food & Community Resources

## Emergency Food & Prepared Meals

### Duchesne County Pantry

435-722-5232

420 E 100 S

*Wed: 10:00 -2:00*

*Fri: 2:00-6:00*

### Ashley Valley Pantry

435-789-1014

426 E 200 S

*Mon: 10:00-2:00*

*Tues: 10:00-2:00, Thursday 2:00-6:00 pm*

### Manila Food Pantry

435-784-3993

93 N 1st West

*Tues: 9:00-6:00*

*Wed: 2:00-6:00, Thursday 9:00-1:00*

### Westside Food Pantry

435-738-2854

8180 S 21000 W

*Tues: 10:00- 2:00*

*Wed: 2:00-6:00*

## Utahns Against Hunger

Utahns Against Hunger is a non-profit which works on public policy advocacy, outreach and education regarding federal and state food programs.

455 E 400 S, Suite 407.

801-328-2561

(800) 453-3663.

[www.uah.org](http://www.uah.org)

## Information & Referral

Information and Referral provides information about social services, medical services and other low-income resources.

Please call 801- 978-3333 or call 211.

Visit them online at [www.informationandreferral.org](http://www.informationandreferral.org)

## Utah Legal Services

Provides legal assistance on divorce, housing, utilities, welfare employment, consumer and collections, and problems of senior citizens. Call 1-800-662-4245

## Other Community Services

### **The Weatherization Assistance & HEAT Programs:**

Provides assistance for eligible households with the costs of heating.

County	HEAT	Weatherization
Daggett	435-781-2021	435-722-4518
Duchesne	435-722-5218	435-722-4518
Uintah	435-781-2021	435-722-4518

### **Roosevelt City Housing Authority:**

Assists with low income housing. Call 435-722-3952.  
58 E 100 N, #83-11, Roosevelt.

### **Uintah Basin Association of Governments:**

Provides a variety of services including weatherization, the HEAT program, home rehabilitation, emergency rental and utility assistance, emergency home repairs, transportation, clothing and medical funds. The Vernal Office is combined with the Roosevelt Office at: 855 E 200 N.  
435-722-4518 for more information.

### **Domestic Violence Information Line**

1-800-897-5465

## Utah State University Extension Program

### **Expanded Food and Nutrition Education Program (EFNEP)**

The Expanded Food and Nutrition Education Program (EFNEP) is designed to assist limited resource audiences in acquiring the knowledge, skills, attitudes, and changed-behavior necessary for nutritionally sound diets, and to contribute to their personal development and the improvement of the total family diet and nutritional well-being.

### **Food Stamp Nutrition Education (FSNE)**

Food Stamp Nutrition Education is a federal/state partnership that supports nutrition education for persons eligible for food stamps.

County	Extension Office
Daggett (Vernal Office)	435-781-5452
Duchesne	435-738-1140
Uintah	435-781-5452