



# Need Food Help? Brigham City

## Federal Nutrition Programs

### Federal Poverty Level

#### Food Stamp WIC, School Meal Eligibility

**To determine your eligibility for food assistance programs:** Find your family size in the most-left column, then follow right to your desired program. If your gross *monthly income* is less than the amount indicated, you are eligible to apply.

Try our Food Stamp Calculator at [www.uah.org](http://www.uah.org)

Family Size	Chart A	Chart B
	130% of Poverty Effective October 1, 2009	185% of Poverty Effective July, 2009
	Food Stamps & Free School Meals	WIC & Reduced-Priced School Meals
1	\$1,174	\$1,670
2	\$1,579	\$2,247
3	\$1,984	\$2,823
4	\$2,389	\$3,400
5	\$2,794	\$3,976
6	\$3,200	\$4,553

Chart A: for additional family member add \$406  
 Chart B: for additional family member add \$576

To apply online, visit the Department of Workforce Services at

### School Lunch & Breakfast Programs

The School Lunch Program is served in almost all Utah schools. Breakfast is served in some locations. Students from low-income families may receive free or reduced-price school meals (see income Charts A & B). Contact your school office at any time during the school year to apply.

### Summer Food Program

Offers free nutritious meals and snacks during the summer to children under the age of 18 throughout Utah. There are no income criteria for participation. Call UAH at 328-2561 or (800) 453-3663 for details.

### WIC (Women, Infants & Children Supplemental Food Program)

The WIC program provides supplemental food such as *Milk, Infant Formula, Eggs, Cheese, Juices, Cereals, Beans, , Fruits and Vegetables* to pregnant women, nursing mothers, infants and children under the age of 5, who are low income (see Chart B to the left) and at nutritional risk. WIC vouchers are redeemable for these food items at most grocery stores.

**Brigham City**  
 435-734-0845  
 817 W 950 S

**Tremonton**  
 435-257-3318  
 125 S 100 W

Last Updated

### Food Stamp Program

To apply for the Food Stamp Program, the Family Employment Program, General Assistance, and ALL medical assistance programs go to the Department of Workforce Services (DWS) Monday-Thursday, 7:00 am-6:00 pm

#### Brigham City

1050 South Medical Drive  
 (500 W)  
 Call 435-734-4060

Constituent services for the Department of Workforce Services Constituent Services solves problems for DWS customers. Contact them at **435-526-4390** Statewide call toll-free **1-800-331-4341**

#### Expedited Food Stamps

**Food Stamps Fast** – if you have less than \$150 income for the month you apply, and your cash on hand is less than \$100, OR if your shelter costs exceed your monthly income, you should ask about expedited food stamps which means you may be eligible to receive Food Stamps within 7 days.

Apply Monday-Thursday

#### Bear River Area on Aging

**Meals on Wheels** program, which prepares and delivers free meals to elderly who are homebound 60+.

435-752-7242  
 1-877-772-7242

**Congregate Meals**, are served free to 60+ at senior centers. Donations are suggested, but not required to participate in these programs.

**Brigham City**  
 435-723-3303  
 24 N 300 W

**Tremonton**  
 435-257-2639  
 150 S Tremonton

#### Child & Adult Care Food Program (CACFP)

Reimburses day care providers for food served to children in their care. Speak with your day care provider or call the State Child Nutrition Office at (801) 538-7680 for local contacts.

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# Emergency Food & Community Resources

## Emergency Food & Prepared Meals

### **Box Elder Community Food Pantry**

435-723-1449  
272 N 200 W  
Brigham City  
Call first for appointment  
M-Th 12-4, F 10-2

### **Acts Six Soup Kitchen**

435-723-7960  
272 N 100 W  
Brigham City  
Open Thursday 5-7 pm  
*SW Corner Lincoln Center*

### **Tremonton Comm. Food Pantry**

435-257-2650  
145 S 100 W  
Tremonton  
M, T 3-6

## **Utahns Against Hunger**

Utahns Against Hunger is a non-profit which works on public policy advocacy, outreach and education regarding federal and state food programs.

455 East 400 South, Suite 407.  
801-328-2561  
(800) 453-3663.  
[www.uah.org](http://www.uah.org)

## **Utah Legal Services**

Provides legal assistance on divorce, housing, utilities, welfare employment, consumer and collections, and problems of senior citizens. Call 1-800-662-4245

## **Information & Referral**

Information and Referral provides information about social services, medical services and other low-income resources.

Please call 801- 978-3333 or call 211.

Visit them online at [www.informationandreferral.org](http://www.informationandreferral.org)

## Other Community Services

### **The Weatherization Assistance & HEAT Programs:**

Provides assistance for eligible households with the costs of heating.

HEAT: 435-723-1116

Weatherization: 1-877-772-7242

### **Bear River Association of Governments:**

BRAG offers emergency assistance for housing, utilities, heat, weatherization, aging services, housing authority, first time home buyer program, and small business loans.

435-723-1111, or 435-723-1116 for more information.

2535 S Highway 89

Perry, Utah 84302

Serves Box Elder County

**LDS Social Services:** Job Placement – anyone can use this service.

Call 435-734-9461 for more information.

571 W Forest

Brigham City

## **Domestic Violence Information Line**

1-800-897-5465

### **Utah State University**

#### **Extension Program**

**Brigham City 435-734-9945**

**Tremonton 435-257-5447**

## **Expanded Food and Nutrition Education Program (EFNEP)**

The Expanded Food and Nutrition Education Program (EFNEP) is designed to assist limited resource audiences in acquiring the knowledge, skills, attitudes, and changed-behavior necessary for nutritionally sound diets, and to contribute to their personal development and the improvement of the total family diet and nutritional well-being.

## **Food Stamp Nutrition Education (FSNE)**

Food Stamp Nutrition Education is a federal/state partnership that supports nutrition education for persons eligible for food stamps