



Need Food Help? Brigham City

Federal Nutrition Programs

Federal Poverty Level Food Stamp WIC, School Meal Eligibility		
To determine your eligibility for food assistance programs: Find your family size in the most-left column, then follow right to your desired program. If your gross <i>monthly income</i> is less than the amount indicated, you are eligible to apply.		
Try our Food Stamp Calculator at www.uah.org		
Family Size	Chart A 130% of Poverty Effective October 1, 2011	Chart B 185% of Poverty Effective July 1, 2011
	Food Stamps & Free School Meals	WIC & Reduced-Priced School Meals
1	\$1,180	\$1,679
2	\$1,594	\$2,268
3	\$2,008	\$2,857
4	\$2,422	\$3,446
5	\$2,836	\$4,035
6	\$3,249	\$4,624
Chart A: for additional family member add \$414 Chart B: for additional family member add \$589		

To apply for food stamps see the information on the right side of this page.

School Lunch & Breakfast Programs

The School Lunch Program is served in almost all Utah schools. Breakfast is served in some locations. Students from low-income families may receive free or reduced-price school meals (see income Charts A & B). Contact your school office at any time during the school year to apply.

Summer Food Program

Offers free nutritious meals during the summer to all children under the age of 18. There are no income criteria for participation. Call Utahns Against Hunger at 1-800-453-3663 for details.

WIC (Women, Infants & Children Supplemental Food Program)

The WIC program provides supplemental food such as *Milk, Infant Formula, Eggs, Juices, Cereals, Beans, Fruits and Vegetables* to pregnant women, nursing mothers, infants and children under the age of 5, who are low income and at nutritional risk. (See Chart B for income guidelines.)

Brigham City
435-734-0845

817 W. 950 S. Monday-Thursday 8:00 am to 6:00 pm
Friday 8:00 am to 1:00 pm

Last updated 10/01/2011

Food Stamp Program

DWS Office 435-734-4060

1050 S. Medical Drive (500 West), Brigham City

Monday-Friday, 8:00 am to 5:00 pm

The Department of Workforce Services (DWS) operates the following programs Food Stamps, Financial Aid, Child Care, Jobs, Job Training, and medical programs such as Medicaid, CHIP, PCN, and UPP. Apply at the office listed above. Or apply online at (DWS) www.utahhelps.utah.gov for food stamps, medical and financial programs.

Unemployment Insurance Benefits 1-888-848-0688

Apply online at www.jobs.utah.gov (Expect delays on the telephone.)

Problems

Constituent Services solves problems for DWS customers.

1-800-331-4341

Expedited Food Stamps

Food stamps Fast-If you have less than \$150 income for the month you apply, and your cash on hand is less than \$100, or your shelter costs exceed your monthly income, you should ask about expedited food stamps which means you may be eligible to receive food stamps within 7 days.

Bear River Area on Aging

Toll Free 1-877-772-7242

Meals on Wheels program, which prepares and delivers free meals to elderly who are homebound 60+. (Donation requested)
435-752-7242
1-877-772-7242

Congregate Meals, are served free to 60+ at senior centers. Donations are suggested, but not required to participate in these programs.

Brigham City
435-723-3303
24 N 300 W

Tremonton
435-257-2639
150 S Tremonton

Child & Adult Care Food Program (CACFP)

Reimburses day care providers for food served to children in their care. Speak with your day care provider or call the State Office of Education, Child Nutrition Program (801) 538-7680.

Emergency Food & Community Resources

Emergency Food & Prepared Meals

Box Elder Community Food Pantry

Mon-Thur noon-4pm Friday 10-2pm
272 N 200 W (435) 723-1449
Brigham City (Call first for appointment)

Acts Six Soup Kitchen (Prepared Meal)

Open Thursday 5-7pm
912 N. Main St.
Brigham City (435) 723-7960

Tremonton Community Food Pantry

Monday & Tuesday 3:00-6:00 pm
180 s. Tremont St
Tremonton (435) 230-0049

Other Community Resources

Utahns Against Hunger

Utahns Against Hunger is a non-profit which works on public policy advocacy, outreach and education regarding federal and state food programs.

455 East 400 South, Suite 407. SLC, UT. 84111
Toll Free 1-800-453-3663 www.uah.org

Utah Legal Services

Provides legal assistance on divorce, housing, employment, federal benefits, consumer, collections, and problems of senior citizens. Call 1-800-662-4245

Information & Referral

Information and Referral provides information about social services, medical services and other low-income resources.

Please call toll free 211 or 1-888-826-9790
Visit them online at www.211ut.org

Employment/Job Training

Utah State Department of Workforce Services

DWS-435-734-4060 Brigham City 435-792-0300 Logan
Bridgerland Applied Tech, College 435-734-0614
Vocational Rehab. Services 435-734-9408

Job Corps 1-800-733-5627 www.jobcorps.gov

USU Extension Service 435-734-2277 or 435-797-1784

LDS Employment Service 435-734-9461 (services are available to all people)

Other Community Resources

The Weatherization Assistance & HEAT, HELP, UTAP, Programs:

Provides assistance for eligible households with the costs of heating, electricity, & land line phone service. HEAT: 435-723-1116 Weatherization: 1-877-772-7242 Apply for HELP (electricity assistance) and Utah Telephone Assistance Program (UTAP) at the HEAT office.

Bear River Association of Governments:

BRAG offers emergency assistance for housing, utilities, heat, weatherization. Operates **aging services**, the **housing authority**, first time home buyer program, and provides small business loans.

435-723-1111, or 435-723-1116 for more information.
2535 S Highway 89
Perry, Utah 84302 Serves Box Elder County

American Red Cross-Utility assistance for the elderly 60+ and the disabled. Logan office serves Cache/Rich counties. Ogden office serves Box Elder County (Logan) 435-752-1125, (Ogden) 1-801-627-0000

Bear River Head Start pregnant mothers/children 3/4
Toll Free 1-877-755-0081

Child Care Resource and Referral (Bridgerland)
1-800-670-1552

Boys and Girls Club of Brigham City 435-723-6224

Planned Parenthood (Logan) 1-435-753-0724

LDS Family Services (Logan) 435-752-5302
(Ogden) 1-801-621-6510

Bear River Mental Health (B.C.) 435-734-9449
Tremonton 435-257-2168, counseling services

Bear River Health Dept. 435-734-0845- Brigham City
Tremonton Office- 435-257-3318
offers WIC, immunizations, and other services

Box Elder Family Support Center 435-723-6010
Crisis nursery, and parenting classes

Domestic Violence Information Line
1-800-897-5465

New Hope Crisis Center Domestic violence shelter in
Brigham City 435-723-5600

Utah State University Extension Program
Brigham City 435-797-1784

Food Sense-Nutrition Education

Food Sense provides nutrition education and food management budgeting classes. Classes are free and you have to be at the WIC income guideline or below. (See Chart B on the other side.)