



Need Food Help? Tooele

Federal Nutrition Programs

Federal Poverty Level Food Stamp WIC, School Meal Eligibility

To determine your eligibility for food assistance programs: Find your family size in the most-left column, then follow right to your desired program. If your gross *monthly income* is less than the amount indicated, you are eligible to apply.

Try our Food Stamp Calculator at www.uah.org

Family Size	Chart A	Chart B
	130% of Poverty Effective October 1, 2011	185% of Poverty Effective July 1, 2011
	Food Stamps & Free School Meals	WIC & Reduced-Priced School Meals
1	\$1,180	\$1,679
2	\$1,594	\$2,268
3	\$2,008	\$2,857
4	\$2,422	\$3,446
5	\$2,836	\$4,035
6	\$3,249	\$4,624

Chart A: for additional family member add \$414
Chart B: for additional family member add \$589

To apply online, visit the Department of Workforce Services at www.utahhelps.utah.gov

WIC (Women, Infants & Children Supplemental Food Program)

The WIC program provides supplemental food such as *Milk, Infant Formula, Eggs, Juices, Cereals, Beans, Fruits and Vegetables* to pregnant women, nursing mothers, infants and children under the age of 5, who are low income and at nutritional risk. (See Chart B)

Tooele

151 N Main Street
435-843-2320

Wendover

100 S 9th Street
435-665-7004

School Lunch & Breakfast Programs

The School Lunch Program is served in almost all Utah schools. Breakfast is served in some locations. Students from low-income families may receive free or reduced-price school meals (see income Charts A & B). Contact your school office at any time during the school year to apply.

Summer Food Program

Offers free nutritious meals and snacks during the summer to all children under the age of 18. There are no income criteria for participation. Call UAH at 801-328-2561 or (800) 453-3663 for details.

Food Stamp Program Tooele (DWS)-435-833-7310

The Department of Workforce Service (DWS) operates the following services/programs. **Apply for Food Stamps, Financial Aid** (more than one program), **Child Care, Jobs, Job Training**, Medical Programs such as **CHIP, PCN, UPP**, and **Medicaid**.

Apply in person Monday-Friday 8am-5pm or
Apply online at www.utahhelps.utah.gov.

Unemployment Insurance Benefits apply at (DWS)
Online www.jobs.utah.gov Phone **1-888-848-0688** (expect delays on the phone)

Tooele (DWS)

305 N Main Street Suite 100
435-833-7310

PROBLEMS

Constituent Services solves problems for DWS customers.
Contact them at **801-526-4390**
Statewide call toll-free **1-800-331-4341**.

Expedited Food Stamps

Food Stamps Fast – if you have less than \$150 income for the month you apply, and your cash on hand is less than \$100, OR if your shelter costs exceed your monthly income, you should ask about expedited food stamps which means you may be eligible to receive Food Stamps within 7 days.
Monday-Friday 8:00 am to 5:00 pm

Division of Aging

Meals on Wheels program, which prepares and delivers free meals to elderly who are homebound 60+. 882-2870

Congregate Meals, are served free to 60+ at senior centers. Donations are suggested, but not required to participate in these programs.

Tooele Senior Center

435-882-2870
59 E Vine St.

Grantsville Senior Center

435-884-3446
120 S Center St.

Wendover Senior Center

435-665-7719

Child & Adult Care Food Program (CACFP)

Reimburses day care providers for food served to children in their care. Speak with your provider or call the State Office of Education, Child Nutrition Program at 1-801-538-7680 for details.

Last Updated 10/01/2011

Emergency Food & Community Resources

Emergency Food

Tooele County Food Bank

38 S Main St. (435) 843-4780
M, W 8:30-12
T, Th, Fr 8:30-4:30 (closed 12-1 for lunch)

Tooele First Baptist Church

580 S Main St. (435) 882-2048
Food pantry avail. Saturdays only 10am - noon

SLC Community Action-Grantsville Food Pantry

435-884-4452
7 S. Park St. (in the Head Start Building)
Monday, Tuesday, Thursday, 1:00-5:00 pm

Grantsville First Baptist (Appointment Only)

235 W Main St.
Margaret: 435-884-0250 (morning only)
Marie: 435-884-6900
Eve: 435-884-3737

Utah Food Bank 211

DROPS monthly food boxes for low-income people. Second Friday of the month at 8:00 a.m. Deseret Peak complex, 2930 W Hwy 112. For more information on this program, please call toll free 211 or 1-888-826-9790.

Utah State University Extension Service-Tooele
Phone 435-277-2400, 151 N. Main, Mon-Thur., 7 to 6

Food Sense provides nutrition classes. Classes are free. To participate you have to be at the WIC income guideline or below. (See Chart B opposite page)

Utahns Against Hunger 1-800-453-3663

Utahns Against Hunger is a non-profit which works on public policy advocacy, outreach and education regarding federal and state food programs.
455 East 400 South, Suite 407. SLC. www.uah.org
In Salt Lake County call 1-801-328-2561

Other Community Resources

Utah Legal Services 1-800-662-4245

Provides legal assistance on divorce, housing, utilities, welfare employment, consumer and collections, and problems of senior citizens.

Information & Referral 211 or 1-888-826-9790

Information and Referral provides information about social services, medical services and other low-income resources. 801-978-3333 or call 211.
Visit them online at www.informationandreferral.org

Other Community Services

The Weatherization Assistance & HEAT, HELP,

UTAP, Programs: Provides assistance for eligible households with the costs of heating, electric and land line phone service. Weatherization: 1-801-359-2444 HEAT: (moving to DWS building-ask for phone number in November)

Salt Lake Community Action Program: Provides services such as the Weatherization, Utility Advocacy, financial counseling for people with a mortgage in default. Call Salt Lake CAP at 1-801-359-2444.
Tooele Office: Heat Program-will move to (DWS) building in November. (no current phone number)

Tooele Relief Services 435-843-9955
community resource center

American Red Cross: Utility assistance for elderly and disabled people. 1-800-328-9272

Tooele Housing Authority: Provides subsidized housing
Call 882-7875. 118 E Vine St.

Children/Pre-School/School

Salt Lake CAP Head Start, Tooele Branch
435-882-6743, 222 N. Coleman, Tooele, UT
Salt Lake CAP Head Start, Grantsville 435-884-6552
Free preschool program for children.
Child Care Resource/Referral-1-800-438-4847
Tooele County School District 435-833-1900

Domestic Violence Information Line 1-800-897-5465
Pathways (shelter in Tooele) 435-843-1677
Crisis Line 1-800-833-5515

Employment/Job Training/Education

Department of Workforce Service 435-833-7310
Vocational Rehab. 435-882-1086
LDS Employment Service (for all) 435-882-8646
Tooele Applied Tech. College 435-248-1800
Utah State University Tooele Campus 435-882-6611

Health Care

Caring Foundation for Children 1-888-589-5437
dental insurance for children
Medicaid, Chip, PCN, UPP, & others (See DWS)
Planned Parenthood 1-800-627-9558
Tooele Co. Health Dept. 435-277-2300
WIC, immunizations, dental clinic, & additional services
Tooele Co. Health Wendover Unit 1-435-665-7004
RX Connect 1-866-221-0265- prescription assistance for low income Utahns
Wendover Comm. Health Center 1-775-664-2220
Maliheh Medical Clinic 1-801-266-3700 free clinic, SLC
Maliheh (Hope Clinic) 1-801-568-6700 Midvale

Valley Mental Health-Tooele 435-843-3520 counseling
LDS Family Service/SLC 1-801-240-6500 counseling