

Utah Senior Centers

Bear River Area Agency on Aging

(Box Elder, Cache, Rich)

Carolyn Reed, Director

170 North Main

Logan, UT 84321

Phone: 435-752-7242 or

Toll Free: 1-877-772-7242

Fax: 435-752-6962

Website: www.brag.utah.gov

<u>Location</u>	<u>County</u>	<u>Open Hours</u>	<u>Meal Times</u>	<u>Phone #</u>
Brigham City Senior Center 24 North 300 West Brigham City, UT 84302	Box Elder	Mon – Fri 7:30 – 3:00 3:00 – 5:00 (appointment only)	12:00 noon	435-226-1450
Cache County Senior Center 140 North 100 East Logan, UT 84321	Cache	Mon – Fri 9:00 – 4:00	12:00 noon	435-755-1720
Curlew Valley Community Cntr. Stone Elementary School 10808 South 23000 West Stone, ID 83252	Northwest Box Elder			208-698-3585
Rich County Senior Center 21 North Main Randolph, UT 84064	Rich	Mon – Wed, Friday 9:00 – 2:00		435-793-2122
Bear River Valley Senior Center 510 West 1000 North Tremonton, UT 84337	Box Elder	Mon – Fri 9:00 – 4:00	12:00 noon	435-257-9455
Hyrum City Senior Center 675 East Main Hyrum, UT 84319	Cache	Mon – Fri 9:00 – 2:00		435-245-3570
Smithfield City Senior Center 375 Canyon Road Smithfield, UT 84335	Cache	Tues. 12:00		435-563-6226

**Davis County Health Dept
Family Health and Senior Services**

Davis

Kristy Cottrell, Director of Family Health and Senior Services

22 South State Street, 3rd Floor

Clearfield, UT 84015

Phone: 801-525-5050

Fax: 801-525-5061

Website: www.daviscountyutah.gov

<u>Location</u>	<u>County</u>	<u>Open Hours</u>	<u>Meal Times</u>	<u>Phone #</u>
Central Davis Senior Senior Activity Center 61 East Center Street Kaysville, UT 84037	Davis	Mon - Fri 8:00 – 5:00	11:30 a.m.	801-444-2290
Golden Years Senior Activity Center 726 South 100 East Bountiful, UT 84010	Davis	Mon – Fri 8:00 – 5:00	11:30 a.m.	801-451-3660
North Davis Senior Activity Center 42 South State Street Clearfield, UT 84015	Davis	Mon – Fri 8:00 – 5:00	11:30 a.m.	801-525-5080

Five-County Area Agency on Aging

Beaver, Garfield Iron, Kane, Washington

Carrie Schonlaw, Director

1070 West 1600 South, Bldg. B

(P.O. Box 1550 84771-1550)

St. George, UT 84770

Phone: 435-673-3548

<u>Location</u>	<u>County</u>	<u>Open Hours</u>	<u>Meal Times</u>	<u>Phone #</u>
Beaver Senior Citizens Center 81 East Center (P.O. Box 1021) Beaver, UT 84713-1021	Beaver	M-W-F 10:00 – 6:00	4:00 p.m.	435-438-5313
Cedar City Senior Center 489 East 200 South Cedar City, UT 84720	Iron	M-T-W-F 8:00 - 4:00	T-W-F 12:15 p.m.	435-586-0832
Enterprise Senior Citizens Center 165 South 100 East (P.O. Box 342) Enterprise, UT 84725	Washington	T-W-F 9:00 – 3:00	12:00 noon	435-878-2557
Escalante Senior Citizens Center P.O. Box 356 89 North 100 West Escalante, UT 84726	Garfield	T-W-Th 8:00 – 2:00	12:00 noon	435-826-4317
Meals Sites: Boulder Antimony	Garfield	Weekly Seasonal		
Henrieville Senior Citizens Center Henrieville, UT 84736	Garfield	T-W-Th	12:00 noon	435-679-8666
Hurricane Senior Citizens Center 95 North 300 West Hurricane, UT 84737	Washington	Mon – Thur 9:00 – 4:00	11:30 a.m.	435-635-2089
Gayle and Mary Allred Senior Citizens Center 245 North 200 West St. George, UT 84770	Washington	Tues – Fri 9:00 – 4:00	11:30 a.m.	435-634-5743

Five-County continued

Kanab Senior Center 56 West 450 North Kanab, UT 84741 Home Delivered Meals	Kane	Mon – Fri 9:00 – 2:00	11:45 a.m.	435-644-5250
Long Valley Senior Citizens Center 419 North State Highway 89 Orderville, UT 84758	Kane	M-W-Thur.	12:00 noon	435-648-2504
Milford Senior Citizens Center 415 North 100 West P.O. Box 206 Milford, UT 84751	Beaver	M-T-Thur.	4:00 p.m.	435-387-2379
Minersville Senior Citizens Center 240 South Center P.O. Box 353 Minersville, UT 84752	Beaver	M-W-Thur 10:00 – 6:00	4:00 p.m.	435-386-8410
Panguitch Senior Citizens Center 87 North 40 West Panguitch, UT 84759	Garfield	T-W-Thur 8:00 – 1:00	12:00 noon	435-676-1140
Parowan Senior Citizens Center 685 North 300 East P.O. Box 262 Parowan, UT 84761	Iron	M-W-F	12:15 p.m.	435-477-8925
Springdale Meal Site 126 Lion Blvd. Springdale, UT 84767	Washington	T-Thur 11:00 – 1:00	12:00 noon	435-772-0451

Mountainland Department of Aging and Family Services

Summit, Utah, Wasatch
Heidi DeMarco, Director
586 East 800 North
Orem, UT 84097-4146
Phone: 801-229-3800
Fax: 801-229-3671
Website: www.mountainland.org

<u>Location</u>	<u>County</u>	<u>Open Hours</u>	<u>Meal Times</u>	<u>Phone #</u>
American Fork Senior Center 54 East Main Street American Fork, UT 84003	Utah	Mon-Fri 10:00-1:00	12:00 noon	801-763-3090
Goshen Senior Center 79 South Center Street P.O. Box 337 Goshen, UT 84633	Utah	Tues & Friday 10:00 – 3:00	12:00 noon	801-667-3477
Pleasant Grove Jacobs Senior Center 242 West 200 South Pleasant Grove, UT 84062	Utah	Mon – Fri 8:00 – 1:00	12:00 noon	801-785-2818
Lehi Senior Citizens Center 123 North Center P.O. Box 255 Lehi, UT 84043	Utah	Mon-Thurs 8:00 – 3:00 Friday 8:00 – 2:00	12:00 noon	801-768-7165 385-201-1065
Lindon City Senior Center (inside the Community Center) 25 No. Main Street Lindon, UT 84042	Utah	Mon – Fri 8:00 – 3:00	12:00 noon	801-769-8625
Orem Senior Friendship Center 93 North 400 East Orem, UT 84057	Utah	Mon – Fri 8:00 – 5:00	12:00 noon	801-229-7110 801-229-7111
Payson Senior Center 439 West Utah Avenue Payson, UT 84651	Utah	Mon – Fri 8:00 – 4:00	12:00 noon	801- 465-5215
Provo Senior Citizens Center (inside Provo Rec. Center) 320 West 500 North Provo, UT 84601	Utah	Mon – Sat 8:00 – 3:00	Mon – Fri 12:00 noon	801-852-6620 801-852-6043 801-852-6624

Mountainland cont.

Santaquin Senior Center 45 West 100 South Santaquin, UT 84655	Utah	Thur. 10:00 – 2:30	12:30	801-754-1700
Spanish Fork Senior Center 167 West Center Spanish Fork, UT 84660	Utah	Mon & Thurs 8:00 – 4:00 Tues & Wed 10:00 – 4:00 First Friday of each month 8:00 – 4:00	12:00 noon Mon & Thurs	801-798-5015
Springville Senior Citizens Center 65 East 200 South Springville, UT 84663	Utah	Mon – Fri 8:00 – 3:00	12:00 noon	801-489-8738
Salem City Senior Center (inside Rec. office bldg.) 60 North 100 East Salem, UT 84653	Utah	Mon – Thur. 11:30-2:30	12:00 noon Tues & Thurs	801-423-1035
North Summit Senior Citizens Center 150 East Park Road (Center St. – head East) P.O. Box 513 Coalville, UT 84017-0513	Summit	Wed & Fri 9:00 – 3:30	12:00 noon	435-336-2622 435-336-3014
Park City Senior Citizens Center 1361 Woodside Ave. (off Norfolk Ave.) P.O. Box 681617 Park City, UT 84060	Summit	Mon & Thurs. 10:00 – 3:00	1:00 pm	435-649-7261 435-336-3014
South Summit Senior Center 110 No. Main Street Kamas, UT 84036	Summit	Mon & Thurs. 8:30 – 1:30	12:00 noon	435-783-4311 435-336-3014
Wasatch County Senior Citizens Center 465 East 1200 South Heber City, UT 84032	Wasatch	Mon – Fri 8:30 – 4:00	12:00 noon Tues & Thurs.	435-654-4920 435-657-2787

**Salt Lake County
Aging and Adult Services**

Salt Lake
Paul Leggett, Director
2001 South State #S-1500
Salt Lake City, UT 84190-2300
Phone: 385-468-3200
Fax: 385-468-3186
Website: www.aging.slco.org

<u>Location</u>	<u>County</u>	<u>Open Hours</u>	<u>Meal Times</u>	<u>Phone #</u>
Columbus Senior Center 2531 South 400 East Salt Lake City, UT 84115	Salt Lake	M - F 8:30 - 2:30	12:00 noon	385-468-3340
Draper Senior Center 1148 East Pioneer Road Draper, UT 84020	Salt Lake	M - F 8:00 – 5:00 Sat. 8:00 – 12:00 noon	11:30 a.m. Breakfast 8:00 – 10:00	385-468-3330
Friendly Neighborhood Senior Center 1992 South 200 East Salt Lake City, UT 84115	Salt Lake	M - F 8:00 – 2:00	11:45 a.m.	385-468-3065
Harman Senior Recreation 4090 South 3600 West West Valley City, UT 84119	Salt Lake	M - F 9:00 – 3:00	12:00 noon	801-965-5822
Kearns (Eddie P. Mayne) Senior Center 4851 West 4715 South Kearns, UT 84118	Salt Lake	M - F 8:00 – 5:00	11:45 a.m.	385-468-3100
Liberty Senior Center 251 East 700 South Salt Lake City, UT 84111	Salt Lake	M - F 8:00 – 5:00	12:00 noon	385-468-3170
Magna-Kennecott Senior Center 9228 West 2700 South Magna, UT 84044	Salt Lake	M - F 8:00 – 5:00	11:45 a.m.	385-468-3000
Midvale Senior Center 7550 South Main Street Midvale, UT 84047	Salt Lake	M - F 7:00 – 4:00	11:30 a.m.	385-468-3350
Millcreek Senior Center 2266 East Evergreen Ave. Millcreek, UT 84109	Salt Lake	M - F 8:00 – 5:00	11:30 a.m.	385-468-3305

Salt Lake County cont.

Mount Olympus Senior Center 1635 East Murray-Holladay Road Holladay, UT 84117	Salt Lake	M - F 8:00 – 5:00	11:30 a.m.	385-468-3130
Murray – Senior Recreation Ctr. 10 East 6150 South Murray, UT 84107	Salt Lake	M – F 8:00 – 4:30 Thurs 8:00 am – 10:00 pm	12:00 noon	801-264-2635
River’s Bend Senior Center 1300 West 300 North Salt Lake City, UT 84116	Salt Lake	M - F 8:00 – 5:00 Tues & Thur. 8:00 am – 8:00 pm	11:30 a.m.	385-468-3015
Riverton Senior Center 12914 So. Redwood Road Riverton, UT 84065	Salt Lake	M - F 8:00 – 5:00	11:45 a.m.	385-468-3040
Sandy Senior Center 9310 South 1300 East Sandy, UT 84094	Salt Lake	M - F 7:00 – 4:00 Thurs 7:00 am – 8:00 pm	11:30 a.m.	385-468-3410
South Jordan Senior Center 10778 So. Redwood Road South Jordan, UT 84095	Salt Lake	M - F 8:00 – 3:30	12:00 noon Breakfast 8:30 – 10:00	801-302-1222
Sunday Anderson Westside Senior Center 868 West 900 South Salt Lake City, UT 84104	Salt Lake	M - F 8:00 – 5:00	12:00 noon	385-468-3155
Taylorsville Senior Center 4743 S. Plymouth View Drive Taylorsville, UT 84129	Salt Lake	M - W 8:00 am – 8:00 pm T – Th - F 8:00 – 5:00	12:00 noon	385-468-3370
Tenth East Senior Center 237 South 1000 East Salt Lake City, UT 84102	Salt Lake	M - F 8:00 – 5:00	11:45 a.m.	385-468-3140
West Jordan Senior Center 8025 South 2200 West Salt Lake City, UT 84088	Salt Lake	M - F 8:00 – 5:00 1 st Wed. until 7:00	11:45 a.m.	385-468-3401

San Juan County
Area Agency on Aging
 San Juan
 Tammy Gallegos, Director
 117 South Main (P.O. Box 9)
 Monticello, UT 84535-0009
 Phone: 435-587-3225
 Fax: 435-587-2447
 Website: www.sanjuancounty.org

<u>Location</u>	<u>County</u>	<u>Open Hours</u>	<u>Meal Times</u>	<u>Phone #</u>
Blanding Senior Center 177 East 200 North Blanding, UT 84511	San Juan	8:00-4:00	12:00 Wed. & Fri	435-678-2427
Bluff Senior Center 198 North 300 East Bluff, UT 84512	San Juan	8:00-4:00	12:00 Tues & Thur	435-672-2390
La Sal Senior Center 200 So. Firehouse Road La Sal, UT 84530	San Juan	8:00-4:00	12:00 Wed. & Fri	435-686-9990
Monticello Senior Center 648 So. Hideout Way Monticello, UT 84535	San Juan	8:00-4:00	12:00 Tues & Thur	435-459-2656
Navajo Nation Senior Centers				
Aneth Senior Center				435-651-3527
Dennehotso Senior Center				928-658-3303
Navajo Mountain Senior Center				928-672-2357
Oljato Senior Center				435-727-5856
Red Mesa Senior Center				928-656-3593
Teec Nos Pos Senior Center				928-656-3285
Ute Mountain Ute Tribe Senior Center				435-678-3396

Six County

Area Agency on Aging

Juab, Millard, Piute, Sanpete, Sevier and Wayne

Scott Christensen, Director

250 North Main (P.O. Box 820)

Richfield, UT 84701

Phone: 435-893-0700

Toll Free: 1-888-899-4447

Fax: 535-893-0701

Website: www.sixcounty.com

<u>Location</u>	<u>County</u>	<u>Open Hours</u>	<u>Meal Times</u>	<u>Phone #</u>
East Juab Senior Center 146 North Main (basement) Nephi, UT 84648	Juab	8:00 – 2:00	12:00 noon Mon-Thur	435-623-7306
Gunnison Senior Center 38 West Center P.O. Box 605 Gunnison, UT 84634	Sanpete	8:00 – 2:00	12:00 Tues-Thur	435-528-3781
Manti Senior Center 49 North Main Manti, UT 84642	Sanpete	8:00 – 2:00	12:00 noon Mon-Thur	435-835-2041
Moroni Senior Center 80 South 200 West P.O. Box 606 Moroni, UT 84646	Sanpete	9:00 – 1:00	12:00 noon Mon-Thur	435-436-8275
North Sevier Senior Center 373 West 400 North Salina, UT 84654	Sevier	8:00 – 2:00	12:00 noon Mon-Thur	435-529-3901
Pahvant Senior Center 55 South 400 West Fillmore, UT 84631	Millard	8:00 – 2:00	12:30 Mon-Thur	435-743-5428
Piute Senior Center 180 West 500 North P.O. Box 52 Junction, UT 84740	Piute	8:00 – 1:00	Tues & Thur Home Delivered Meals only	435-577-2183
Richfield Senior Center 840 North 300 West Richfield, UT 84701	Sevier	8:00 – 4:00	12:00 noon Mon-Thur	435-896-6807

Six County cont.

Scipio Senior Center 160 North State P.O. Box 560017 Scipio, UT 84656	Millard	11:00 – 2:00	12:00 noon Tues-Thur	435-758-2449
South Sevier Senior Center 152 West 100 South Monroe, UT 84754	Sevier	8:00 – 2:00	12:30 Mon-Thur	435-527-4061
Wayne Senior Center 475 South 300 East P.O. Box 242 Bicknell, UT 84715	Wayne	8:00 – 2:00	Tues & Thur Home Delivered Meals only	435-425-2089
West Millard Senior Center 240 West 100 South Delta, UT 84624	Millard	8:00 – 2:00	12:30 Mon-Thur	435-864-2682

Southeastern Utah
Area Agency on Aging
 Carbon, Emery, Grand
 Shawna Horrocks, Director
 Technical Assistance Center
 375 South Carbon Avenue
 (P.O. Box 1106)
 Price, UT 84501
 Phone: 435-637-5444
 Fax: 435-637-5448

<u>Location</u>	<u>County</u>	<u>Open Hours</u>	<u>Meal Times</u>	<u>Phone #</u>
Castle Dale Senior Center 85 North 200 East Castle Dale, UT	Emery	Mon-Thur 10:00 – 2:00	Tues. 12:00 noon	435-381-2422
Huntington Senior Center 176 West 100 North Huntington, UT	Emery	Mon – Thur 10:00 – 2:00	Mon. 12:00 noon	435-687-2502
Ferron Senior Center 190 North 300 West Ferron, UT 84523	Emery	Mon – Fri 7:00 – 3:00	Mon. 12:00 noon	435-384-2243
Emery Senior Center 217 South 200 East Emery, UT 84522	Emery	Mon, Wed, Thur 8:00 – 1:00 Tues, Fri 8:00 – 10:00	Mon. 12:00 noon	435-286-2219
Green River Senior Center 355 East 175 South Green River, UT	Emery	Tues. Wed 8:00 – 1:00	Tues. Wed. 12:00 noon	435-564-8236
Moab Senior Center 182 North 500 West Moab, UT	Grand	Mon – Fri 8:00 – 4:30	Mon, Tues, Wed, Fri 11:00	435-259-6623
Carbon County Senior Center 450 South Fairgrounds Road Price, UT 84501	Carbon	Mon – Fri 8:00 – 4:00	Mon – Fri 12:00 noon	435-636-3202
East Carbon Senior Center 451 Denver East Carbon, UT	Carbon	Mon – Fri 8:30 – 4:00	Mon – Fri 12:00 noon	435-888-2194

Tooele County**Aging Services**

Tooele

Sherrie Ahlstrom, Deputy Director

151 North Main Street, Ste 200

Tooele, UT 84074

Phone: 435-277-2458

Fax: 435-277-2444

Website: www.tooelehealth.org

<u>Location</u>	<u>County</u>	<u>Open Hours</u>	<u>Meal Times</u>	<u>Phone #</u>
Tooele Senior Center 59 East Vine Street Tooele, UT 84074	Tooele	Mon – Thur 8:00 – 4:00 Fri 8:00 – 12:00	Lunch 12:00 noon Mon, Tues,Thur Breakfast 9:00 – 12:00 noon Wed. Lunch 10:30 – 11:30 Fri	435-843-4110
Grantsville Senior Center 120 South Center Street Grantsville, UT 84029	Tooele	Mon – Thur 8:00 – 4:00 Fri 8:00 – 12:00	Lunch 12:00 noon Mon, Tues,Thur Breakfast 9:00 – 12:00 noon Wed. Lunch 10:30 – 11:30 Fri	435-884-3446
Wendover Senior Center 112 Moriah Street Wendover, UT 84083	Tooele		Meal once a month usually last Thurs. of month 5:00 pm	

Uintah Basin**Area Agency on Aging**

Daggett, Duchesne

Sandy Whalin, Director

330 East 100 South

Roosevelt, UT 84066

Phone: 435-722-4518

Fax: 435-722-4890

<u>Location</u>	<u>County</u>	<u>Open Hours</u>	<u>Meal Times</u>	<u>Phone #</u>
Gateway Senior Center 734 North Center Street Duchesne, UT 84021	Duchesne	9:00 – 3:00	11:30 am	435-738-1171
Crossroad Senior Center 50 East 200 South Roosevelt, UT 84066	Duchesne	9:00 – 3:00	11:30 am	435-722-4296
Old Timers Senior Center 145 East Highway 43 Manila, UT 84046	Daggett	10:00 – 2:00 Wednesday 4:00 – 6:30 pm 1 st & 3 rd Friday	12:00 noon 5:00 pm	435-784-3158

Council on Aging
Golden Age Center
Uintah County
LouAnn Young, Director
330 South Aggie Blvd.
Vernal, UT 84078
Phone: 435-789-2169
Fax 435-789-2171
Alicen at County Phone:
435-781-3505
Website: www.uintahgoldenage.org

<u>Location</u>	<u>County</u>	<u>Open Hours</u>	<u>Meal Times</u>	<u>Phone #</u>
330 South Aggie Blvd. Vernal, UT 84078	Uintah	8:00 – 4:00	12:00 noon	435-789-2169

Weber Area Agency on Aging

Morgan, Weber

Nobu Iizuka, Director

237 26th Street, Suite 320

Ogden, UT 84401

Phone: 801-625-3770

Fax: 801-778-6830

Website: www.weberhs.net

<u>Location</u>	<u>County</u>	<u>Open Hours</u>	<u>Meal Times</u>	<u>Phone #</u>
Golden Hours Senior Center 650 25 th Street Ogden, UT 84401	Weber	8:00 – 5:00	Mon – Fri 11:30 am	801-399-5230
Washington Terrace Senior Cntr. 4601 South 300 West Washington Terrace, UT 84405	Weber	8:00 – 4:00	Mon – Fri 12:00 noon	801-621-4601
South Ogden Senior Center 580 39 th Street South Ogden, UT 84403	Weber	Mon – Wed, Fri 10:00 – 2:00 Thur 9:00 – 4:00	Mon – Fri 11:30 am	801-393-9539
Roy Hillside Senior Center 5051 South 2000 West Roy, UT 84067	Weber	8:00 – 4:00	Mon – Fri 11:30 am	801-773-0860
North View Senior Center 485 East 2550 North North Ogden, UT 84414	Weber	Mon - Wed 8:00 – 4:30 Thurs. 2:00 – 7:00 pm Fri 8:00 – 3:00	Mon, Tues. Wed. Fri 11:45 am Thurs.- Evening Meal 5:00 (no lunch)	801-782-6211
Morgan Senior Center 50 West 100 North Morgan, UT 84050	Morgan	Mon - Thur 8:00 – 4:00	Tues – Thurs. 12:00 noon	801-845-4040
Happy Hours Senior Center Marshall White Center 222 28 th Street Ogden, UT 84401	Weber		Mon, Wed, Fri 11:30 am	801-629-8346

Weber Area Agency on Aging cont.

Farr West Senior Center 1896 West 1800 North Farr West, UT 84404	Weber	Mon 8:00 – 2:00 Tues – Wed 8:00 – 1:00	Monday only 11:30 am	801-627-1919
Marriott –Slaterville Senior Center 1570 West 400 North Marriott/Slaterville, UT 84404	Weber		Tues. only 11:30 am	801-627-1919
Plain City Senior Center 4162 West 2200 North Plain City, UT 84404	Weber		Wed. only 11:30 am.	801-399-8393
Ogden Valley Senior Center Weber County Library 131 South 7400 East Huntsville, UT 84317	Weber		Wed. only 12:00 noon	801-399-8393
Lakeview Senior Center 5580 West 4600 South Hooper, UT 84315	Weber		Thurs. only 12:00 noon	801-399-8393
Riverdale Senior Center 4433 South 900 West Riverdale, UT 84405	Weber		Mon – Fri 12:00 noon	801-621-6086